

SPRING 2018 EDITION

# VETERANS NEWSLETTER

INSIDE THIS ISSUE:	
CAMPUS SPOTLIGHT	2
OUTPATIENT CLINIC	3
FEATURED STUDENT VETERAN/UPCOMING EVENTS	3
COMMUNITY SPOTLIGHT	4
NOTE FROM YOUR CERTIFYING OFFICIAL	4

#### **WELCOME TO THE SPRING SEMESTER!**

# **CSI Veterans Advocacy Coordinator**

It is my pleasure to serve the College of Southern Idaho's student veterans. I am filling a brand new position that CSI's leadership has created to better serve student veterans and family members that are using VA educational benefits. My role is to work for CSI on your behalf and ensure you have an exceptional educational experience.

Please do not hesitate to contact me if you have any issues during your education at CSI. I can help with numerous veteran-related issues and have an excellent database for all things veteran-related. This includes numerous agencies that range from county to state to federal. I am looking forward to meeting you all and my door is always open to help.









Veterans club Meetings, Spring semester 2018:

14 Mar @ 1215

Contact bororke@csi.edu for all Other times thereafter

### GETTING THE BAND (VETERANS CLUB) BACK TOGETHER!

The Veterans Club Is being reconstructed; membership sign-up and officer elections are going to be on 14 March at 1215. Membership is highly encouraged as it provides a culture of connectedness across the campus veteran community to increase quality of life and educational success. The veterans club will comprise of three levels of membership:

- Officers—will edit/review the constitution and carry out duties/functions listed therein.
- Veteran members—will vote/plan/participate in functions & fundraising events
- Associate Non-veteran members—will not vote, but will help plan/participate/support any upcoming events.

#### CAMPUS RESOURCE FEATURE: CSI CAREER CENTER

The CSI Career Center is open to anyone in the community and we welcome the opportunity to serve our veterans and service men and women. We are the landing spot for people who want to start or return to college and don't know which steps to take first or would like assistance seeking employment.

Meeting with you is important to us so please call for an appointment. The Career Center is in Room 174 of the Taylor Building. If you have questions, please call **Merry Olson** at 732-6306 or **Tom Bandolin** at 208-732-6303. We are open Monday through Friday from 8:00 am to 5:00 pm. You can learn more about us at <u>careers.csi.edu</u>.

We offer two primary services, for no charge.

#### 1. Career Exploration: What occupation? What major?

There are several ways to get started:

**Your Options:** Contact the Career Center for a personal meeting to discuss the options you have in this stage of your journey. We will analyze the skills you gained in the military which have enhanced your skill sets for civilian careers that may match you.

**Personality Assessment:** Take a free career assessment online, anywhere, anytime. CSI subscribes to Human eSources so you can learn more about yourself and what careers have been satisfying to people with personality, interests, skills and values similar to yours. From your results, you will be able to explore occupations that interest you include ing: job duties, training required, average pay, and much more. Contact the Career Center for the free access code.

**Make a Plan:** Meet with a career professional one-on-one to interpret your assessments and plan your next steps toward your career and educational goals.

#### 2. Job Search Preparation:

**Resumes for America:** You are also welcome to make an individual appointment to create or update your resume, prepare for interviews, and get your questions about the hiring process answered. As a CSI student, you will have free access to this national resume builder.

**Eagle Jobs:** careers.csi.edu/eaglejobs is an online job board with off-campus employment opportunities. It is free and available to anyone in the community whether you are a student or not.

In addition to these general areas, CSI Counseling Services offers workshops each semester in Test Anxiety and meets individually with students to address any issues that interfere with heir academic success. Please contact **Kay Nebeker** 208-732-6260 to make an appointment with a personal counselor.

Merry Olson
Career Services Coordinator
molson@csi.edu
(208) 732-6306





# Newsletter Contributors:

- Tara Nunnellev
- BriannaRidgway
- Mehdin Siocic
- Brian O'Rorke
- Merry Olson



CSI Career and Counseling Services offers workshops each semester on Test Anxiety.

#### TWIN FALLS VA OUTPATIENT CLINIC

The Boise VA Medical Center is located at 500 Fort Street in Boise, Idaho (208) 422-1000. This medical center offers many medical services to our veterans. There is however, a closer center for the veterans of the Magic Valley. The Twin Falls Outpatient Clinic is located at 260 2nd Ave East, Twin Falls, ID 83301.

At the Twin Falls Outpatient Clinic patients can receive the following services:

- · Lab/blood work
- EKGs
- · Women's health care
- · Diabetic education
- · Nutrition counseling
- Retinal exams (for people with diabetes)
- · Social services
- MOVE (Management of Overweight Veterans) program
- · Smoking Cessation programs
- · Living Well Group

- Pharmacy clinics for high blood pressure or high cholesterol
- · Behavioral health care
- Substance abuse treatment programs
- Tele psychiatry and other telehealth programs

The patient's assigned medical provider will attend to the majority of your medical needs and refer you to specialty services when necessary. If you would like more information about this Clinic please call (208) 732-0959.





#### FEATURED STUDENT VETERAN

Name: Mehdin Siocic

Hometown: Twin Falls, Idaho

Branch & Job Specialty: U.S. Army National Guard/12B, Combat Engineer

Major/Certification: Health Science

Civilian Career Goal: Physician Assistant
Favorite Movie or Musician: Johnny Cash

Inspiration: Arnold Schwarzenegger

**Favorite motto:** "The squat is the perfect analogy for life; when something heavy brings you down, you have to stand back up".

#### **UPCOMING ACTIVITIES & EVENTS**

Only a few of many upcoming campus events:

- Mindfulness and meditation 1 Mar @ 1830
- Email & Social Media Marketing 6 Mar @ 1000
- Traumatic Brain Injury
   Support Group 6 Mar @
   1900

- S.T.E.A.M. Camp-in 9 Mar @1800
- "Business Culture" speaker 13 Mar @ 1930
- Jazz Collaboration 14
   Mar @ 1930
- Dog Agility Training 26
   Mar @ 1800

- Basic Rigging Skills 14
   Apr @ 2100
- Clearing negative energies 18 Apr @ 1800

Event location information and any other events can be found on CSI's facebook page under events.

https://www.facebook.com/ CollegeofSouthernIdaho



Visit us Online: <a href="https://www.csi.edu/">https://www.csi.edu/</a>

#### TWIN FALLS COMMUNITY SPOTLIGHT

# CRISIS CENTER OF SOUTH

570 Shoup Ave. W Twin Falls, Idaho

Phone: (866)737-1128 Fax: (208)717-3167 Web: www.CCOSCI.org **Crisis Center in Twin Falls** addresses the following problem areas:

- Alcohol and Drug Use
- Depression, Stress, and Anxiety
- Grief and Loss
- Major Life Changes
- Mental Illness
- Suicide

The crisis center is open 24/7, 365 and will provide face-to-face crisis help with walk-in service at any time, free-of-charge. <u>If anything gets overwhelming and you are in a crisis, please report to the crisis center.</u>

#### NOTE FROM YOUR SCHOOL CERTIFYING OFFICIAL

#### Hello Students!

Registration is coming up for the Fall 2018. We need to know when you register if you want to use your VA Educational benefits for the fall semester. You need to complete the CSI Veterans Certification form found at: <a href="http://www.csi.edu/forms/">http://www.csi.edu/forms/</a> VeteranCertificationForm1.pdf and send it to us as soon as possible (csifinancialaid@csi.edu). <a href="mailto:This certification form is required every semester">http://www.csi.edu/forms/</a> veteranCertificationForm1.pdf and send it to us as soon as possible (csifinancialaid@csi.edu). <a href="mailto:This certification form is required every semester">http://www.csi.edu/forms/</a> veteranCertificationForm1.pdf and send it to us as soon as possible (csifinancialaid@csi.edu). <a href="mailto:This certification form">This certification form is required</a> every semester. You can also come to the financial aid department and fill it out and turn it in in person. When you are certified for classes, the start/stop dates are reported on your certification form, which will determine your status for BAH or stipend.

Keep in mind that if you are certified during the month of August, your money may be late. Tuition and fees are due on Friday, August 24. Remember you are responsible for your tuition. If you cannot pay your tuition or get certified by August 24, you can complete a Tuition Loan agreement found at: <a href="https://www.csi.edu/tuition-fees/default.aspx">https://www.csi.edu/tuition-fees/default.aspx</a>. This form must be in completed and turned into the CSI Business Office (Taylor building Rm 102, down hallway to right of admissions desk) before 5:00 p.m. on Friday, August 24!

If you are using CH 33, 9/11 educational benefits, <u>you must bring in your Certificate of Eligibility to us as soon as you receive it</u>. If you are not receiving 100% of benefits, you are responsible for the balance of the percentage regarding tuition which is due August 24. For example, if you are at 70% of benefits, you owe CSI 30% of the tuition and fees by the date tuition and fess are due.

It is important to speak with your academic advisor regarding your enrollment. You must enroll in classes that are required of your major. If you add, drop or change a class to Audit, you must notify us immediately. Grades of NC and F are reported to VA with "last day of attendance" per your instructor. If you receive an "I" (incomplete) grade, you have one year to complete the "I" grade. If you do not complete the "I" grade, VA will be notified and you may end up with an overpayment. If you are graduating, you must apply for graduation online through MyCSI. Please continue to check your csi.edu E-mail regularly. Enjoy the rest of your semester and congratulations to our graduates.

Sincerely,

Tara Nunnelley, VA Certifying Official

Brianna Ridgway, VA Certifying Official